

Exercise enthusiasts are making use of the newly expanded cardio/weight area at the Clarinda Lied Center due in part to a \$26,700 grant received from the Clarinda Foundation. Jebb Fish Clarinda Parks and Recreation Director stated “We applied for a grant from the Clarinda Foundation last spring that would allow us to expand the cardio/weight area within the existing confines of the center and to then furnish the weight room with new equipment. We were notified in July of 2015 that we had been awarded the funds from the Foundation that would allow us to move forward with the project. Since the completion of the project in January 2016 the cardio/weight area has seen an increase in usage by 30 patrons per day.” In addition to the funds received from the Foundation, the Lied Center budget provided an additional \$18,897 that was needed for the project along with in-kind work provided by the City of Clarinda. The Lied Center currently has 675 family and individual memberships and also offers a punch pass system that is utilized by numerous patrons each day. Fish encourages anyone interested in learning more about the Lied Center or programs offered to contact him at 542-3841 or visit the Center’s website at www.liedcenter.com. For more information on grant availability from the Clarinda Foundation you may call 542-4412 or visit the Foundation’s website at www.clarindafoundation.com.